

taps mike



trollcatz

trollcatz

https://trollcatz.livejournal.com/
2007-12-19 09:31:00

MOOD: exhausted

MUSIC: Pat Benatar - Invincible

Ahem.

The new overhung 5.7+, onsight, without Chaz telling me where to put my feet, and without dogging on the rope at all.

Okay, so when he lowered me afterwards, I went all the way to the ground. But my knot was easy to get open, once I got my fingers working again.



Thank you

This is Patricia Andreoli, wife of Daphne Worth, who you all knew as Trollcatz. Daphne died

...And there goes the weekend

But hey, we got a day and a half of this one! And I got to sleep in for two whole mornings. Too bad As a law enforcement professional--

24 comments



<u>Q</u> cvillette

<u>December 19 2007, 14:18:58 UTC</u> <u>COLLAPSE</u>

(The crowd goes wild.)



December 19 2007, 18:34:41 UTC COLLAPSE

Thank you, thank you.

Here all week.



<u>natociquala</u>
December 19 2007, 14:19:40 UTC

COLLAPSE

Wooo!

Go you! I can't do a 5.7!

Yet.



🖳 trollcatz

December 19 2007, 18:34:55 UTC COLLAPSE

Will.

Deleted comment



<u>____trollcatz</u>

December 20 2007, 04:49:30 UTC COLLAPSE

I have now experienced sewing machine legs.

It was ugly.

Deleted comment



December 20 2007, 04:58:22 UTC COLLAPSE

Cowgirl!

Chaz says so.

But I've never seen *him* do it. Well, okay, hypoglycemic shakes, sure, but he does that sitting at his desk.



<u> cvillette</u>

December 20 2007, 06:16:37 UTC COLLAPSE

(hey! I heard that!)



<u> Qmetotchtli</u>

December 20 2007, 04:47:50 UTC COLLAPSE

Huh. I am going to learn to levitate. Then see who gets the awe.

(Seriously, oo la, evil spider woman, nice goin'.)



cvillette

December 20 2007, 04:50:10 UTC COLLAPSE

Oh, stop. You already have all the good superpowers.



<u> Qmetotchtli</u>

December 20 2007, 04:54:18 UTC COLLAPSE

Okay, YOU learn to levitate, Smarty-boy.



Q cvillette

December 20 2007, 04:55:03 UTC COLLAPSE

If I can't stop eating like this, I may...



Ometotchtli

December 20 2007, 04:58:36 UTC COLLAPSE

wish you hadn't quit foodblogging--now I'm curious. what have you gone through so far today?



👤 cvillette

December 20 2007, 05:00:44 UTC COLLAPSE

Once I internalized the nutritional data, it was just about public accountability. And boring entering, for those of us losers who have to type everything.

Um, today, so far--oh, just give me five minutes and I will go input it and you can see.



December 20 2007, 05:11:57 UTC COLLAPSE

Wow. Way to lay down a nice base, dude. *g*

makes me want to eat one of those Danish pecan coffee rings for breakfast, and I have no freakin' idea why. Ooooh, foooooooood.



cvillette

<u>December 20 2007, 05:19:24 UTC</u> <u>COLLAPSE</u>

It's a little worrisome.

When you, er, you know, did you get like this beforehand? Or just during?



👤 Ometotchtli

<u>December 20 2007, 05:54:45 UTC</u> <u>COLLAPSE</u>

Mostly during. OMG during. Like a big rat was eating my stomach from the inside. Gnaw, gnaw.

Don't remember before--too much excitement, and also, hey, always hungry.



Okay, s'not that bad. And yeah, always hungry. And you're better at keeping up with it than I am.

You would be the reliable freak. ;-)



🖳 cvillette

December 20 2007, 05:11:00 UTC COLLAPSE

http://www.fitday.com/webfit/publicjournals.html? Owner=cvillette&Year=2007&Month=11&Day=20

So far. I put it all in tomorrow, though, by accident. Lost track of time. Er. tomorrow, which is now today. I mean. Except in the not having gone to bed yet thing.

Also two apples and a hunk of cheddar cheese, which is what I am eating right now. And half a steamed spaghetti squash with butter and salt. And I'll go enter those now.

Yeah, I know. It's wasted calories at this point. But I'm *hungry*.

God, do you think is like... jammer Braxton-Hicks contractions? Is something getting ready to happen?

Am I going to BUD? (Do not feed your Chaz after midnight. Do not put your Chaz near water.)

I went out climbing yesterday and dancing tonight, but... this is ridiculous.



trollcatz 🖳

December 20 2007, 05:14:23 UTC COLLAPSE

Winter. FitDay does not have an activity listing for shivering, or for constant muscle tension due to cold.

Also, weren't you doing some thinking like a thinky thing today?



Ocillotto

December 20 2007, 05:18:17 UTC COLLAPSE

It's your medical opinion that I'm freaking out over nothing, Doctor Harpy Troll?



👤 trollcatz

December 20 2007, 05:52:25 UTC COLLAPSE

I prescribe reasonable caution, extra-high-fiber carbs, and another sweater. And after that, relaxation. Possibly in a tropical paradise. *g*

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And my electric blanket.

mmm. electric blanket.



1 trollcatz

<u>December 20 2007, 05:56:16 UTC</u> <u>COLLAPSE</u>

Also electric heated mattress pad. Turn on before retiring, turn off when you get into bed. Warm sheets. Awesome.



Cvillette

December 20 2007, 06:06:47 UTC COLLAPSE

Featherbed.

And down comforter.

And the bed is pushed into the corner right beside the radiator.

Thank you

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